

Mirman School Menu January - June 2010

Name _____ Phone # _____ Room # _____

E-mail _____

Monday	Tuesday	Wednesday	Thursday	Friday
All lunches include fruit, dessert, beverage and the side dishes (rice, beans, potatoes, edamame, pasta salad, corn, salad, veggie stix) that compliment each entrée.				
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> CIRCLE OR HIGHLIGHT YOUR CHOICE FOR LUNCH </div>				
<i>Martin Luther King, Jr.</i> No School January 18	Low Fat Pizza with Wheat Crust January 19	Tasty Turkey Gyro January 20	Taco Fiesta January 21	Chicken Wrap January 22
Pasta with Turkey Meatballs January 25	Low Fat Pizza with Wheat Crust January 26	Roasted Chicken with Mashed Potatoes January 27	Grilled All Beef Hot Dog On A Wheat Bun January 28	Baked Ziti Lasagna January 29
Chicken Enchilada Fiesta February 1	Low Fat Pizza with Wheat Crust February 2	Chicken Teriyaki with Steamed Rice February 3	Mac and Cheese With Grilled Chicken February 4	BBQ Tri Tip Sandwich February 5
Grilled Hamburger On A Wheat Bun February 8	Low Fat Pizza with Wheat Crust February 9	<i>Special Event Lunch</i> February 10	<i>No School</i> February 11	<i>No School</i> February 12
<i>President's Day</i> No School February 15	Low Fat Pizza with Wheat Crust February 16	Turkey Meatball Sub February 17	Roasted Chicken with Mashed Potatoes February 18	Grilled All Beef Hot Dog On A Wheat Bun February 19
Taco Fiesta February 22	Low Fat Pizza with Wheat Crust February 23	Chicken Patty Sandwich On A Wheat Bun February 24	Soup and ½ Sandwich February 25	Chicken Teriyaki with Steamed Rice February 26
Pasta with Turkey Meatballs March 1	Low Fat Pizza with Wheat Crust March 2	Grilled Hamburger On A Wheat Bun March 3	Baked Potato March 4	Chicken Wrap March 5
Baked Ziti Lasagna March 8	Low Fat Pizza with Wheat Crust March 9	Soup and ½ Sandwich March 10	Mac and Cheese With Grilled Chicken March 11	<i>Special Event Lunch</i> March 12
Orange Chicken with Steamed Rice March 15	Low Fat Pizza with Wheat Crust March 16	Grilled All Beef Hot Dog On A Wheat Bun March 17	Pasta with Turkey Meatballs March 18	BBQ Tri Tip Sandwich March 19
Pasta with Turkey Meatballs March 22	Low Fat Pizza with Wheat Crust March 23	Chicken Patty Sandwich On A Wheat Bun March 24	Chicken Enchilada Fiesta March 25	Soup and ½ Sandwich March 26
Spring Break March 29 to April 9				
Chicken Teriyaki with Steamed Rice April 12	Low Fat Pizza with Wheat Crust April 13	Baked Potato April 14	Turkey Meatball Sub April 15	Grilled Hamburger On A Wheat Bun April 16
Mac and Cheese With Grilled Chicken April 19	Low Fat Pizza with Wheat Crust April 20	Baked Ziti Lasagna April 21	Chicken Wrap April 22	Roasted Turkey with Mashed Potatoes April 23
Nacho Fiesta April 26	Low Fat Pizza with Wheat Crust April 27	Pasta with Turkey Meatballs April 28	BBQ Tri Tip Sandwich April 29	<i>Early Dismissal</i> <i>No Lunch</i> April 30
Chicken Teriyaki with Steamed Rice May 3	Low Fat Pizza with Wheat Crust May 4	Taco Fiesta May 5	Grilled All Beef Hot Dog On A Wheat Bun May 6	Soup and ½ Sandwich May 7
Pasta with Turkey Meatballs May 10	Low Fat Pizza with Wheat Crust May 11	Grilled Hamburger On A Wheat Bun May 12	Baked Ziti Lasagna May 13	<i>Early Dismissal</i> <i>No Lunch</i> May 14
Chicken Enchilada Fiesta May 17	Low Fat Pizza with Wheat Crust May 18	Tasty Turkey Gyro May 19	Chicken Patty Sandwich On A Wheat Bun May 20	Mac and Cheese With Grilled Chicken May 21
Turkey Meatball Sub May 24	Low Fat Pizza with Wheat Crust May 25	Grilled All Beef Hot Dog On A Wheat Bun May 26	Chicken Drumsticks with Mashed Potatoes May 27	Chicken Wrap May 28
<i>Memorial Day</i> No School May 31	Low Fat Pizza with Wheat Crust June 1	Grilled Hamburger On A Wheat Bun June 2	Orange Chicken with Steamed Rice June 3	Pasta with Turkey Meatballs June 4
Grilled All Beef Hot Dog On A Wheat Bun June 7	Low Fat Pizza with Wheat Crust June 8	<i>Special Event Lunch</i> June 9	<i>Early Dismissal</i> <i>No Lunch</i> June 10	June 11

Circle or highlight your choices for lunch

Total Lunches _____ x \$6.00 = Total Amount _____

Lunch cancellation by 8:00am for full credit email hotlunch@ca.rr.com.

Please make checks payable to California Fresh Foods,
Mail menu and checks to California Fresh Foods, 9349 Melvin Ave., #6, Northridge, CA 91324